



EMPIRE STATE BUILDING OBSERVATORY

THE HEART AND SOUL OF NEW YORK

ESBNYC.COM FIFTH AVENUE AT 34TH STREET 212.736.3100 OPEN DAILY 9:30AM TO MIDNIGHT MANAGED BY HELMSLEYSPEAR, INC

EMPIRE STATE



The Bronx Zoo Education and Fun Today, Conserving Tomorrow

Find out all about this world famous zoo!

Spring 2007 CONTENT

14 Little Known Museums

The Museum of the City of New York, New York Transit Museum, plus a listing of other museums in New York City.

19 Gone Fishing in New York City!

Grab your rod and reel as we explore fishing all over the city. Everything you need to know to catch the big one in the Big Apple.

24 New York Aquarium

This jewel in Coney Island is where the city meets the sea!

26 New York City Zoos

Central Park Zoo, Prospect Zoo and Queens Zoo offer families a great place to spend a sunny afternoon.

32 Diversions for Business Travellers

Find out about the more posh locations in New York, including fine dining, nights out on the town and unique lodging.

34 Pride Day Parades and Festivals

A guide for all the cultural and ethnic pride days in New York City.

40 Fun in NYC for Kids!

Three great ways to get your kids involved in fishing with the I Fish NY program, the Dana Discovery Center and the H. R. Macy Fishing Contest.

More:

- 12 Shopping Guide in Midtown Manhattan
- **30** Recreation in Manhattan
- **31 Theater and Attractions in New York**
- **42** Kids' Activity Page

Now that you've had a taste of the Big Apple, visit us online before you come back!



Why not plan your trip with Empire State Magazine online? We offer maps, guides and in-depth tourism information. We also have many different types of events listed months, and years, in advance.

You can visit all our advertisers and more, and make your own Travel Guide to New York!

Visit www.empirestatemagazine.com today!

EMPIRE STATE

DEPARTMENTS

Volume 2, Issue 1 - Spring 2007

Consulting Editor: Randal Manthei

Freelance Editor: **Adam Bible**Editorial Intern: **Dakota Smith**Art Director: **Otto Reimer**

President And Publisher/Empire State

Magazine: **Randal Manthei**Sales Manager: **Marc Wicks**

Business Developement: Julie Nowicki
Circulation Director: Rumman Prodhan

Web Development: Randal Manthei

Web Design: **Nikhil Sheth**Graphic Design: **Terril Smitz**

Empire State Magazine

140 West 72nd Street

New York, NY 10023

Telephone: 212-724-2213

Fax: 212-724-1359

Email: info@empirestatemagazine.com

Web: www.empirestatemagazine.com

Disclaimer

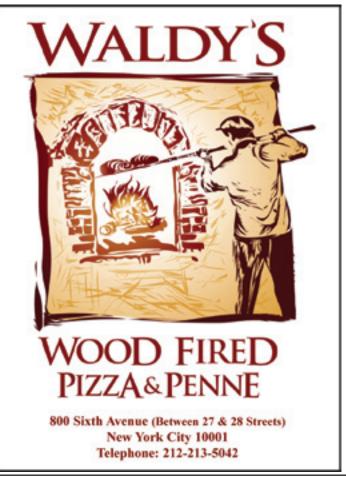
Empire State Magazine makes every effort to ensure the accuracy of the information it publishes, but cannot be held responsible for any consequences arising from errors or omissions. All rights reserved. Reproduction in whole or in part is strictly prohibited.

Empire State magazine is a privately owned corporation.

It is not associated with "Empire State Building".

For complete listing of previous and current events for New York City, please visit our website at www.empirestatemagazine.com. We also offer a Do-It-Yourself Travel Brochure, where you can add business, events and more to a personalized guide to New York City.





Wood Fired Pizza & Penne

Hungry? Try the best in New York Pizza!

"A takeout joint in Chelsea that combines [Chef Waldy Malouf's] love of organic ingredients with his expertise at the wood-burning oven." - **Time Out NY**

Waldy's Wood Fired Pizza & Penne features renowned Beacon Chef/ Partner Waldy Malouf's signature rectangular Five-Cheese Wood Fired Pizzas and scrumptious Wood Roasted Penne and Salads.

What distinguishes Waldy's from hundreds of other NYC pizza shops? Organic flour and yeast from Brooklyn Brewery, which creates a crispy, terrific pizza crust, olive oil from Colavita, the best pepperoni and sausage in the world, from Salumeria Biellese, coffee from Illy Caffe, and ice cream from Ciao Bella.

Signature pies include "The Beacon," with Wild Mushrooms & Onions and Pepperoni, Broccoli Rabe & Fresh Tomato. Specialty pies include Sweet & Hot Sausage with Roasted Peppers and White Clam Pie with Crispy Crumbs. Beer and wine are available; organic ingredients are used whenever possible. Call for take-out and delivery to your home or hotel room.

Bronx Zoo

Education and Fun Today; Conserving Tomorrow

A Brief History

Over a hundred years old, the Bronx Zoo first opened its gates to the public in November 8, 1899. Of the original 22 exhibits and 843 animals, only the outer structure of the World of Reptiles remains. But what has not changed throughout its history is the Bronx Zoo's commitment to zoology, the wildlife protection and educating the public about the wonderful biospheres around the globe.

Originally established by the New York Zoological Society (NYZS) in 1895, this organization is now known as the Wildlife Conservation Society—and conserve they have. One of the first examples is the work by then Bronx Zoo director William T. Hornaday. Hornaday had a deep love for the wild American bison, which by 1905 had dwindled down to only 1,000 left in the great American West. In October of 1899, Hornaday began a breeding program, founding the American Bison Society and housing his small herd at the Bronx Zoo's Lion House.

By 1907, Hornaday and his group had secured national protection for the last of the wild bison and established rangelands for new herds. This went into practice when later that year 15 of the Bronx Zoo bison were reintroduced to Oklahoma's Wichita Mountain Preserve. The Bronx Zoo herd also supplied bison for refuges in Montana, South Dakota and Nebraska. Many of today's wild bison in the western United States. are descendents of Hornaday's program, without which our great bison herds would have never recovered.

Another example of the Bronx Zoo's preservation work are the snow leopards. These stunning large cats first arrived at the Bronx Zoo in 1903, becoming the first place in the western hemisphere to exhibit them. They quickly became a crowd favorite. The Bronx Zoo leads a very successful snow leopard breeding program, with 82 cubs born between 1966 and 1999.

These two animals are just one of many species under the care of the American Zoo and Aquarium Association's Species Survival Plan (SSP). The SSPs help breeding programs in different zoos coordinate so they can sustain the captive populations of many endangered and threatened animals. Along with the snow leopard, the Bronx Zoo is also helping restore the population of lowland gorillas, Chinese alligators, Mauritius pink pigeons and over 40 other species.

Along with species preservation, the Bronx Zoo is a leader in creating new and interesting habitats for its animals. Starting with the African Plains exhibit in 1941, the Bronx Zoo was one of the first U.S. zoos to move away from the old-fashioned caged exhibits and move towards a more natural habitat. The African Plains was also the first predator-prey exhibit in North America, where lions (the predators) had a view of nyala (the prey), which were safely placed behind moats.

But African Plains was just the first of many such exhibits that the Bronx Zoo developed through their Exhibition and Graphic Arts Department (EGAD)—the first of its kind in an American zoo. Here, artists, designers and other experts combined efforts to create realistic-looking rocks, trees, vines, termite mounds and other elements that help recreate the look of a natural ecosystem. They also combined plants and trees from the animals' homelands to complete the effect. Through their efforts, the Bronx Zoo's EGAD department has brought the public such delights as the Aquatic Bird House (1964), World of Darkness (1969), World of Birds (1972), Wild Asia (1977) and JungleWorld (1985). But they saved the best for last. One of the most innovative projects in the

Located at Fordham Road and the Bronx River Parkway



The Bronx Zoo is open 365 days a year

western hemisphere, the Congo Gorilla Forest is an amazing 6.5 acres of African rain forest habitat, in New York City! Home to 400 animals from 55 species, the centerpiece is the troop of 23 lowland gorillas, the largest and most important breeding group in North America. These majestic animals are worth the trip alone.

With all its quality work and exhibits, the Bronx Zoo is a jewel of conservation in New York City and a must-see for any visiting tourist. It is a great place for families to see animals and their natural habitats and learn more about biospheres from around the globe. And most tourist should know that by visiting the zoo they are supporting the Wildlife Conservation Society's main mission: to advance the study of zoology, protect wildlife and educate the public.

And we all get to have a fun time doing it, and the animals, too!

Quick Facts:

BRONX ZOO

Bronx, New York (Founded 1899)

Fordham Road and the Bronx River Parkway Phone: 718-367-1010

Located on the Pelham Parkway stop of the

#2 Metro Subway train. (See poage 11 for map,

Closing hour changes seasonally,

Current Hours: 10:00 a.m. – 4:30 p.m. Open 365 days a year.



Tiger Mountain

Are you ready to go face to face with a tiger! Luckily glass protects all visitors at this 3-acre recreation of the beautiful Amur Valley on the border of Russia and China. Tiger Mountain has two main tiger viewing areas, Tiger Valley and Tiger Ridge.

From Tiger Ridge visitors can watch the tigers frolic in their own private Tiger Pool. Unlike house cats, tigers love water, and play, swim, drink and lounge at their water hole. Tiger Ridge also has headphones that allow you to listen to "tiger talk." Learn what chuffling, growling and roaring mean as tigers talk to each other and to their keepers.

Tiger Valley is an open viewing shelter set deep in the exhibit, allowing you to get up close and personal to these wonderful animals. This is a great place to watch the Enrichment Sessions (see daily schedule) and even try out some of the tigers' toys yourself!

The best time to visit Tiger Mountain in later in the afternoon, since like all cats, they spend most of the day napping.

Daily Schedule

Year Round: 11:30 a.m., 1:30 & 3:30 p.m. daily

During the summer season (April–October), an additional weekend session takes place at 4:30 p.m.

Animal Feeding Times

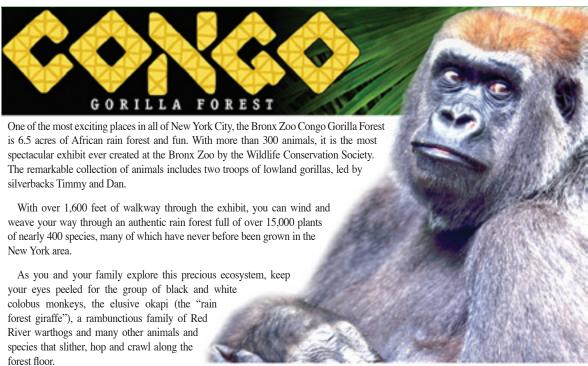
Primate Training (Monkey House)
Watch animal keepers as they conduct their
daily training sessions with the zoo's New
World monkeys. This indoor activity is
great to see any time of year!

WINTER SEASON (November–March): 2:30 p.m. daily SUMMER SEASON (April–October):

Penguin Feeding (Sea Bird Colony)
Bird keepers put on their waders to feed
Magellanic penguins (as well as Inca terns, grey
gulls and cormorants) in this naturalistic habitat
reminiscent of the Patagonian coastline.
YEAR-ROUND: 3:30 p.m. daily

The Crocodiles also put on a good show at feeding time (2 p.m., Thursday).





And most of all, you will learn about the threats to the African rain forests and what you can do to save these precious ecosystems.

Animals You Can See:

The Colobus Monkey
Grey-Cheeked Hornbill
Red River Hog
Wolf's Monkey
White Spot Assassin Bug
African Rock Python
Mandrill
Okapi
Ornate Nile Monitor
African Pygmy Goose
Debrazza's Monkey

At the Congo Rain Forest exhibit, you get to choose if your donation helps Elephant, Mandrill, Gorilla or Okapi Conservation efforts.

Ticket prices vary for this exhibit depending on weather.



Astor Court and the Sea Lion Pool have both been recently restored

African Plains

Hope you are ready for a safari, because there's a Serengeti in the Bronx! Complete with lions, giraffes, cheetahs and African wild dogs, this as close to the African plains most people will ever come.

The first predator-prey exhibit in North America, lions perch on their island and survey fleet-footed ibex, gazelles and a heard of zebras. The newest animals to settle on the African Plains are a pack of African wild dogs. Much like your pup back home, these wilds dogs love to dig and swim in their new exhibit.





JungleWorld

Once you step into the doors of JungleWorld, the smells and warmth of the Asian rain forest meets your senses. This incredible 37,000 square foot recreation is a must-see at the zoo. Considered one of the most ambitious indoor zoological exhibitions ever created, the Bronx Zoo's JungleWorld is home to 780 animals representing over 99 species.d

Animals that you and your family will see in the forest include shy silvered leaf monkeys, noisy white-cheeked gibbons, sleek black leopards, everamusing Malayan tapirs, green peafowl and to0 many birds to count!

One of the best parts about JungleWorld is that the rain forest is always in bloom, with many living trees, vines and Asian plants adding a natural and sweet smell to the air. Since it is indoors, this is the perfect exhibit to see if a rain storm just happens to pop up.

The most striking part of this exhibit is the "jungle countdown" sign on your way out. It's a digital counter marking the number of jungle acres left in the world. Along with the even more impressive "population count-up," you will leave JungleWorld with a distinct idea of what these animals face in their ever-disappearing natural habitats.



Children's Zoo

The Bronx Zoo Children's Zoo is for children of all ages. This is the perfect place to introduce even toddlers to the animal kingdom. And not only can they pet the animals, they can find out what it is like to be an animal!

The Children's Zoo has a child-sized bird's nest they can sit in, or kids can climb a giant spider's web! They can also explore a prairie dog tunnel, or even try out being a turtle by wearing a shell. And what better way to burn off some energy than to slide down a huge hollow tree, just like woodland creatures!

And for close up encounters, even the smallest children will enjoy their experience at the petting zoo. Children can pet and feed a variety of domestic animals, including sheep, goats, cows and even a donkey.

And for a great keepsake, children can have their photos taken with an animal! Photo souvenirs are \$5 and there's a \$.50 charge for food pellets, both help support the care and feeding of the animals in the Children's Zoo.

The Children's Zoo is open April through October, weather permitting.



You Rent Strollers at the Bronx Zoo. Single: \$6.00 per day, Double: \$10.00 per day, with \$5.00

The Children's Zoo is open April through October, weather permitting



You can plan your family's visit online at: www.bronxzoo.com

ranzportz

Camel Rides -Wild Asia Plaza

Where else can you ride a camel in New York City? Saddle up and hop on a hump for the most unique version of Big Apple transit.

Wild Asia Monorail

Are all the animals hiding? No worries as you glide by elephants, rhinos and Indo-Chinese tigers, not to mention breathtaking forests and paddies.

Skyfari

Get an eagle's eye view of all the animals, and an amazing view of Manhattan! This is the best places to take pictures of the New York City skyline.

Zoo Shuttle

Are your feet, or children, tired after a long day at the zoo? Then take this trolley, which travels between Wild Asia and the Zoo Center.



FEATURE: Bronx Zoo



BRONX ZOO Bronx, New York

Fordham Road and the Bronx River Parkway Phone: 718-367-1010

General Admissions:

Thursday–Tuesday Adults \$14 Children (2-12)* \$10 Seniors (65+)\$12 Admission on Wednesdays is by donation.

*Children under 2 years are always free.

Other Attraction Prices:

Camel Rides: \$5
Butterfly Garden: \$3*
Children's Zoo: \$3*

Skyfari: \$3*

Wild Asia Monorail: \$3*

Zoo Shuttle: \$3*

*Note: A Pay-One-Price ticket, available from May to October, provides you access to all these attractions at one low cost!

Pay-One-Price

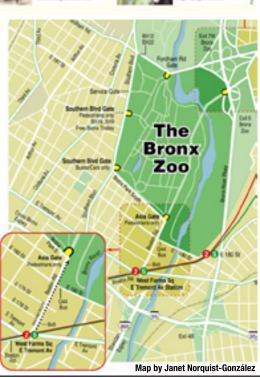
Monday, Tuesday, Thursday, Friday

Adult: \$21 Child (2-12): \$21

Senior Citizen (65+): \$18

Wednesdays Only: All Pay-One-Price

tickets are \$15





www.hotelpenn.com

1 Barneys New York 660 Madison Avenue at 61st Street 212-826-8900

2 Bloomingdales 1000 Third Avenue at 59th Street 212-705-2000

3 Macy's Herald Square, Broadway between 34th and 35th Streets 212-695-4400

4 Saks Fifth Avenue 611 Fifth Avenue (at 49th Street) 212-753-4000

5 Toys 'R Us 1514 Broadway (at 44th Street) 800-TOYSRUS

6 Yankees Clubhouse Shop 294 West 42nd Street (Times Square - 42nd Street) Phone: 212-768-9555

Shopping in Manhattan!

How can you come to New York City and not go shopping! The Big Apple is famous for its trendsetting ways, so here is a helpful map to all the hottest spots with the latest fashions.





15% Discount

Breakfast, Lunch Dinner & Drinks Minutes away from Empire State Building

136 W. 33rd Street (btw 6th & 7th Ave) (not including Specials & Delivery Cannot be combined with any other offer)

O's O's O's O's O's O's O's O's

At last, someone added a little more taste to the neighborhood. We are Joe O's - the nice and easy restaurant across from Madison Square Garden, accessible through the Hotel Pennsylvania lobby. Stop in for a drink at Joe O's handsome 50-foot long oak and copper bar. Drop in anytime, morning, noon or night, at Joe O's bright and comfortable dining room for a light or serious meal. You are sure to enjoy the food - delicious contemporary American with intriguing accents of Italian and Irish classics. It is the perfect place to enjoy a shopping break, a pre-theater dinner or get together with friends before, during or after the concert or game. And, Joe O's features live music every night until 2:00 A.M..

Draught Imports & Domestics Large Plasma TVs

HAPPY DINING

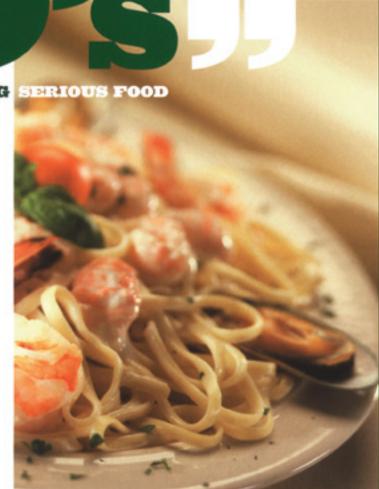
Breakfast - 7am to 11am Lunch - 11.30am to 4pm Dinner - 5pm to 11pm Late Nite Dinner - 11pm to 2am Brunch Sat. & Sun - 11am to 3pm

Bar Menu Available All Day Local Hotel Delivery Available

Live Music Every Night till 2am open till 4am

212,290,9200

136 West 33rd Street (Bet. 6th & 7th Ave) Accessible From The Hotel Pennsylvania Lobby & 33rd St www.joeosrestaurant.com



Little Known Museums

New York City was not built in a day. From its journey as a Dutch trading outpost to the current day Big Apple, many people helped build this great city. Luckily, there are many great museums, both small and large, that have great exhibits illustrating New York's path to greatness. Here are a few to consider visiting.

The Museum of the City of New York



Museum of the City of New York

1220 Fifth Avenue at 103rd Street

New York, NY 10029 Phone: 212-534-1672 Email: info@mcny.org Web: www.mcny.org

The Museum of the City of New York is a must visit for anyone interested in the past, present and future of this great city. Celebrating New York's cultural diversity, this museum has rich collections, lively exhibits and very informative programs for adults and children alike. The character of all five boroughs is brought to life, showing how all parts of New York help build its singular character as one of the world's largest and most important cities.

Open:

Tuesday - Sunday: 10 a.m. to 5 p.m.

Suggested Admission:

Adults: \$9

Seniors: students; \$5 Families: \$20 (max. 2 adults)

Children 12 and under: free

Members: free

Robert Moses and the Modern City: Remaking the Metropolis

February 1 through May 28, 2007

From 1934 to 1968, Robert Moses had a profound affect on the modern shape of New York City. Believing that "the city must be saved," Moses began to transform not only the roads and bridges, but how New Yorkers lived their lives. Moses built a new transportation

network to bring people into the city, including the Triborough Bridge, the Henry Hudson Parkway and the Cross Bronx Expressway.

Moses also helped make New York City a cultural capital of the world, by initiating the Lincoln Center for the Performing Arts and building the United Nations. And for the everyday New Yorker, he lead an aggressive program to revitalized city parks, including Central Park. But all this development came at a cost.

The exhibition explores some of Moses's more controversial visions of the city that disrupted traditional neighborhoods and increased the city's dependence on the automobile.

Robert Moses finally faced public protests over some of his most ambitious projects. The straw that broke the camel's back was his idea to take Fifth Avenue through the city's beloved Washington Square Park, and his more outrageous idea to put an elevated highway through Lower Manhattan. But out of the ashes of his defeat, a new era of urbanism based on neighborhood values and community control emerged setting the stage for modern day development.

But without Robert Moses's guiding hand, the Big Apple would definitely not shine so bright and owes it modern image to this controversial visionary.



"We are rebuilding New York, not dispersing and abandoning it."

-Robert Moses



Included in this exhibit are:

- ⊖ A large-scale model (269" x 86") designed by the I. M. Pei-based firm of Webb & Knapp, not seen since the 1950s, showing Moses's proposal for the entire Midtown Expressway.
- ⊖ Proposals for the Lower Manhattan Expressway and Fifth Avenue extension through Washington Square Park, which drew intense public outcry.

FEATURE: Little Known Museums



Timescapes: A Multimedia Portrait of New York

This exhibit is ongoing, runs every half hour from 10:15 a.m. to 4:45 p.m.

This 25-minute multimedia experience traces the growth of New York City from a settlement of a few Europeans, Africans and Native Americans to the present day metropolis. Created by Jake Barton of Local Projects and James Sanders, co-

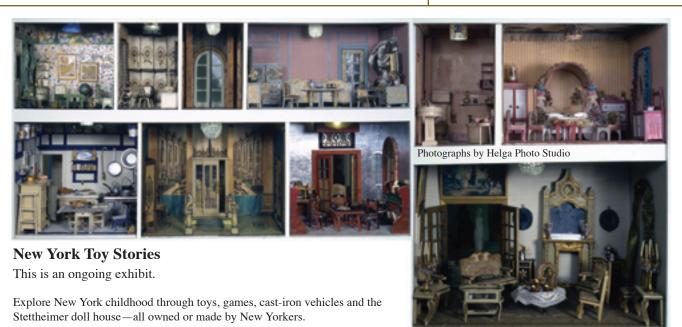
writer of the PBS series *New York: A Documentary History*, and narrated by actor Stanley Tucci, the film features animated maps and archival photographs as well as prints and paintings from the Museum's collections.



New York Interiors

This is an ongoing exhibit.

Ever wonder what life was like in New Amsterdam? Now you can find out in this exhibit of domestic environments dating from the early Dutch colony to the early 20th century. Realistic furniture and clothing from different periods will transport you and your family to households through-out New York City's fascinating history.



Protect

This is an ongoing exhibit.

Located on the lower lever of the Museum of the City of New York, the fascinating Fire Gallery is home to the Protect exhibit. Dedicated to the city's fire protection programs and corresponding water supply system, you can see first-hand the trials and tribulation faced by the brave fire fighters of New York City. Photographs and pictures document the journey for public safety from the 17th century to present day. One of the more interesting pieces is a wooden water pipe made out of a pine log. At its height around 1800, New York City had over 25 miles of wooden pipes carrying water from the Collect Pond (between Pearl and White Streets) to over 2,000 households and businesses south of Bleeker Street. Also on display are authentic leather buckets of the famous "bucket brigades," as well as exhibits showing how major fires helped shaped the city we see today. This is a must see exhibit for anyone interested in the great history of the New York City Fire Department.



New York Transit Museum



New York Transit Museum

Corner of Boerum Place and Schermerhorn Street

Brooklyn, NY 11201 **Phone:** 718-694-1600 **Web:** www.mta.info

Tuesday – Friday 10 a.m. to 4 p.m. Saturday and Sunday Noon to 5 p.m. Closed Mondays and major holidays

Admission: Adults: \$5 Children 3–17 years of age: \$3 Senior Citizens (62+): \$3 Seniors Free Wednesdays

New York Transit Museum Gallery Annex & Store at Grand Central Terminal

Monday – Friday: 8 a.m. to 8 p.m. Saturday – Sunday: 10 a.m. to 6 p.m. Closed: Major holidays and for special events

Phone: 212-878-0106 Admission is free



The New York Transit Museum is the largest museum in the country devoted to urban public transportation history. As one of the premier institutions of its kind in the world, the museum explores the development of the greater New York Metropolitan region with excellent informational

exhibitions, tours and workshops. On constant display are the popular exhibits, "Steel, Stone and Backbone" which shows in detail the building of New York City's 100+ year-old subway system and the highly interactive exhibit "On the Streets," which is an in-depth look at New York City's trolleys and buses. The New York Transit Museum operates a gallery annex in Grand Central Terminal that presents changing exhibitions. The gallery annex is located just off the Main Concourse in the Shuttle Passage, next to the Station Master's office.

This year the New York Transit Museum is presenting a two-part exhibition entitled "Architects of the NYC Subway." This extensive history of the transit system begins with "Part I: Heins & LaFarge and the Tradition of Great Public Works." This exhibit will be on display until July 8, 2007, followed by "Part II: Squire Vickers and the Subway's Modern Age" which will be on display from July 30 to October 28, 2007.

Heins & LaFarge And The Tradition of Great Public Works

From 1901 to 1908, John L. Heins and Christopher G. LaFarge not only designed the first subway stations; they also created the plans for control houses, power substations and ornamental information kiosks. Crafted in the popular Beaux-



Arts style, they drew on classical architecture using elements of ceramics, metal and wood. Their primary goal was to bring beauty to the stark utilitarian spaces being built by the engineers. They adorned each station with their own unique style of identification plaques and interiors. The crown jewel was the old City Hall Station where arched tiled ceilings, skylights and brass chandeliers created a grand cathedral feel, and is still one of the New York City subway's most spectacular spaces.

Heins & LaFarge also used mosaics, sconces, iron railings and circular air vent covers to give the subway system a graceful and light feel. Examples of their charming brass ticket booth grilles and metal exit signs are included in this exhibition. Also on display are design drawings of Manhattan's control houses on 72nd and 103rd Streets and Brooklyn's own Atlantic Avenue, which shows their interesting use of glass and decorative arches.

In 1907, Heins died of meningitis, and LaFarge would only work on the subway until 1908. But before they handed the controls over to Squire Vickers, they would make a lasting imprint on the aesthetics of the New York City subway system. So if you like vintage ceramics, do not miss the works of the noted firms of The Guastavino Fireproof Construction Company, Grueby Faience Company of Boston, Atlantic Terra Cotta of Staten Island and Rookwood Pottery Company of Cincinnati. This might be your only chance to view these turn-of-the-century tiles. Pieces in the exhibit include ceramics for numerous subway stations, the original Lion House at the Bronx Zoo, mosaic examples from the 33rd, 110th and 116th street stations and magnificent glass pieces of the grand City Hall subway station and the Belmont Chapel of the Cathedral of Saint John the Divine.



Toot, Toot!! Beep, Beep!!: Toys That Move October 3, 2006 through September 2007

Children, and most adults, love a good toy. This exhibition at the New York Transit Museum brings over 70 transportation themed toys representing over a century of technology and innovation in toy making. From handmade wooden toys to massproduced cast iron delights, there is something here for everybody.



The history of transportation can be traced through the evolution of these toys, but it is easy to forget this is educational because they are so much fun! Be sure to check out some of the ingenious wind-up and spring driven toys, some dating back as far as 1880. It might be hard to believe, but this exhibit also includes some toy trains that were actually steam driven.

The toys featured in Toot, Toot!! Beep, Beep!!: Toys That Move, are just a small sample of transportation-themed toys that have been made. They are snapshots in time that reflect values, occupations, interests and styles from many different time periods in America's, and especially New York City's history. As personal treasures, they represent an innocent and simpler time, linking our not-so-distant childhood with today.

Museum of Modern Art

11 W 53rd Street New York, NY 10019 212-708-9400 www.moma.org

Skyscraper Museum

39 Battery Place New York, NY 10280 212-968-1961 www.skyscraper.org

South Street Seaport Museum

207 Front Street New York, NY 10038 212-748-8600 www.southstseaport.org

Whitney Museum of American Art

74th & 75th Street at 945 Madison Avenue New York, NY 10021 212-570-3600 www.whitney.org

More Museums in NYC:

American Folk Art Museum

45 West 53rd Street New York, NY 10019 212-265-1040 www.folkartmuseum.org

American Museum of Natural History

79 Central Park West New York, NY 10023 212-769-5100 www.amnh.org

Children's Museum of Manhattan

212 West 83rd Street New York, NY 10024 212-721-1234 www.cmom.org

Guggenheim Museum

88th & 89th Streets 1071 5th Avenue, New York, NY 10128 212-423-3500 www.guggenheim.org

Hayden Planetarium

175 Central Park West New York, NY 10024 212-769-5000 www.amnh.org

The Metropolitan Museum of Art

1000 Fifth Avenue New York, NY 10021 212-535-7710 www.metmuseum.org

El Museo Del Barrio

1230 Fifth Avenue New York, NY 10029 212-831-7272 www.elmuseo.org























Only \$19.95!

Personalized calendars make great warm gifts for parents or the entire

family that they will appreciate all year long. The personalized calendar can be customized with twelve of your family photos. You can add your important dates, such as birthdays and anniversaries in the month. You may customize up to every day of the year.



"Your #1 Choice For Your Copy and Printing Needs"™

Whether you are a business traveler in need of getting a project printed, or a local needing business cards or passports, Graphics Copy covientently located in Midtown to help you. Services include:

Copy - Finishing Services - Binding - Lamination/Finishing Option
Paper Supplies - Postcards / Greeting Cards - Business Cards
Blue Print - NCR - Rubber Stamps - Signs / Banners
Photos - Passport Photo - Photo Enlargement - Business Documents
Computer Technical Support - Home Service - Office Delivery
and much more.



219 E 26th St New York, NY 10010 Ph: 212-725-7957 Fax: 212-725-7934 www.graphicscopy.com info@graphicscopy.com



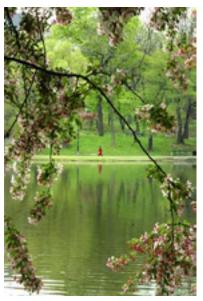
Van Cortland Lake Riverdale, Bronx

Located in the southeast corner of Van Cortland Park is the Bronx's largest freshwater lake. This beautiful man-made fishing hole was formed in the 1690s when Jacobus Van Cortlandt dammed Tibbetts Brook to power to mills. Besides great fishing, there are also scores of ducks, a few swans and other waterfowl.

Van Cortland Park also has large playing fields and playgrounds, and a nice trail through the forest along Tibbets Brook. There are also riding stables and a golf course, in case some member of the family do not want to fish. The 1 and 4 trains both go to this park, and for more information please call 718-430-1890.

Species of Fish: Carp and Bullhead Catfish





Harlem Meer Central Park, Manhattan

The world
f a m o u s
Central
P a r k
is also
h o m e
to some
unique fishing
opportunities.
Believe it or

Believe it or not, the Harlem Meer, located at the north end of the park, is home to over 50,000 different fish from varied species. Surrounding the 11acre Meer are some of the Park's most impressive trees: oak, bald

cypress, beech and ginkgo. While you fish, gaze at the beautiful scenery, with roses, hydrangeas, pickerel weed and irises spilling down to the water's edge.

If you are in town visiting, they offer free bamboo poles and corn kernels or dough balls in exchange for your valid ID. But come early, as only 90 poles are distributed each day. Located near 112th street, the Harlem Meer is also home to the Dana Discovery Center. This family fun center offers educational and community programs and also provides an instructional booklet for fishing the Meer.

Species of Fish: Carp, Chain Pickerel, Golden Shiner, Largemouth Bass, Pumpkinseed Sunfish, Bluegill and Redbreasted Sunfish

Catch-and-Release Fishing at Central Park

April to October; Tuesday to Sunday, 10 a.m. - 4 p.m. Call 212-860-1370 for more information.



Located near the southern tip of State Island is this beautiful pond just a stone's throw away from the Atlantic Ocean. Just off Hylan Boulevard, this freshwater spot is located in a stunning 170-acre park, with beaches for swimming right next door! Known for its large bass population. Wolfe's Pond Park also offers excellent hiking, biking and even a model yacht pond. For more information, please call 718-984-8266.

Species of Fish: Largemouth Bass, Bluegill and Bullhead Catfish

Before you go:

If you saltwater fish, you do not need a license. For freshwater fishing, anyone 16 years of age or older is required to have a New York State Freshwater Fishing License and must follow the fishing regulations of NYS.

Rules:

- 1. All fishing is catch and release.
- 2. No lead weights are allowed.
- 3. Only barbless hooks can be used.
- 4. All line fragments and used hooks must be disposed of properly.
- 5. No trapping of any fish, including bait, is permitted.



90th Street & 107th Street Pier East River, Manhattan

You do not have to leave Manhattan to find quality river fishing—urban anglers on the Upper East Side have great locations in their own backyard. Located on the John Finley Walk Way along FDR Drive is a great spot located on 90th Street. This bank fishing spot is located just north of Carl Schurz Park and Gracie Mansion.

If pier fishing is more your thing, then head on up to the landmark 107th Street Pier. Originally built in 1937, this 270-foot-long pier underwent extensive remodeling in 1987. Complete with roof and electrical lighting, this location offers a safe and fun place to do a little night fishing.

Species of Fish: Stripped Bass, Bluegills, Blues, Porgy, Snappers and Flounders



Get your NYS Freshwater Fishing Licence at:

Urban Angler

206 5th Avenue, 3rd Floor New York, NY 10010 212-689-6400



Prospect Park Lake, Prospect Park, Brooklyn

It might be hard to believe, but Prospect Park Lake is the whole state's leading bass fishing lake. With the largest concentration of stocked bass, there is no reason to leave the city to catch a water hog. Located in Brooklyn's "Urban Forest," this 60-acre man-made lake offers the some of best freshwater fishing in New York City. While you can rent a paddle boat or take a ride on a large electrical one, private boats and fishing from paddle boats is strictly prohibited.

A popular spot known as "The Peninsula" has recently been renovated, offering beautiful vantage points to cast off from. Though a lot of old timers occupy the benches lining the shore, you can still find a spot to fish the afternoon away and catch huge largemouth bass. All fishing is catch-and-release and centered around the Prospect Park Audubon Center at the Boathouse. Countless buses and trains go to Prospect Park, including the 2, 3, B, F, Q and S trains. For more information, call the Audubon Center at 718-287-3400.

Species of Fish: Smallmouth Bass, Largemouth Bass, Bluegill, Bullhead Catfish, Chain Pickerel, Muskie and Carp

Rods, Reels and More

Capitol Fishing Tackle

132 West 36th Street New York, NY 10018 212-929-6132 www.capitolfishing.com

Bernie's Fishing Tackle

3035 Emmons Avenue Brooklyn, NY 11235 718-646-7600 www.berniesfishing.com

Party Boats & Charters

Here is list of charter boats and captains ready to take you on an offshore adventure.

Angler	718-659-8181
Big M Express	917-822-6770
Blue Sea	718-332-9148
Canvasback	917-445-3172
Capt Dave	917-251-2628
Capt Mike	516-536-3100
Flamingo	718-763-8745
KarenAnn	718-634-4669
Sea Queen	917-642-0265
Sea Wolf	718-356-7556
Venice Marina	718-646-9283

The Fish of New York City:



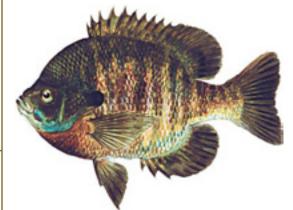
Largemouth Bass



Bullhead Catfish



Carp



Bluegill



Redbreasted Sunfish

Toolo off coupon*



Services we provide:

Color Copies B & W Copies Computer Rental Laminating Mail Boxes **Binding Folding** Fax Services **Passport Photo** Film Developing **Digital Picture Business Card Poster Printing Fiery Printing** Stationery File Transfer CD/DVD Duplication Scanning **NCR** Personalized Items T-Shirts **Graphics Design Postcard Printing** Sign/Banner **Computer Tech Support** And more.





All Your Copying Needs Under One Roof ™

140 West 72nd Street

(Btw. Amsterdam & Columbus Avenues)

New York, NY 10023

T: 212.724.1309

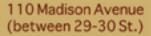
F: 212.724.1359

W: www.matrixcopy.com

* conditions may apply.



The best in New York Innovative Cuisine...artfully presented





Chef Bernard Ros brings his world of experience to his cuisine, an inspirational mix of French, Italian, Vietnamese and Noveau American all in one place.

melimelorestaurant.com

212.686.5551

Advertise in **EMPIRE STATE MAGAZINE!**

This is the perfect place to advertise if your business is tailoredfor tourists or business travelers, or to help publicize your event. Please visit our site at www. empirestatemagazine.com for more information and advertising opportunities in the magazine or on our tourism website.

You can also contact Empire State Magazine at:

Tel: 212-724-2213 * **Fax:** 212-724-1359

140 West 72nd Street New York, NY 10023

Email: info@empirestatemagazine.com **Web:** www.empirestatemagazine.com







The New York Aquarium - Where the City meets the Sea

First opened on December 10, 1896, the New York Aquarium has had a long and successful history of bringing exotic sea life to tourists and local New Yorkers alike. Originally located in lower Manhattan in Battery Park, the Aquarium is now found at popular Coney Island in south Brooklyn. As the oldest continually operated aquarium in the United States, the New York Aquarium is yet another jewel in the Wildlife Conservation Society's crown.

Situated on 14 acres by the beach, this aquarium is home to over 350 species of aquatic wildlife and over 8,000 specimens. The Aquarium also has special exhibits and public events to help bring the sea creatures and their ocean habitat into the lives of everyday people.

What to see:

Alien Stingers

This home of exciting and odd sea jellies holds many mysterious creatures of the deep seas. Like animals from another world, their diverse beauty looks like something straight out of science fiction. This is a rare chance to see these specimens, as the New York Aquarium is the only place in North America to permanently feature jellyfish.

Sea Cliffs habitat

Always a favorite at the Aquarium, this exhibit features blubber busters from the far north seas. Come see surprisingly intelligent California sea otters, majestic northern fur seals and the masters of the beach, Pacific walruses. The Aquarium's Glover's Reef features jawfish, morey eels, rays and more than 35 other sea creatures living in a stunning coral reef ecosystem.

Daily Feeding

Don't miss the feeding of the sharks, sure to thrill and chill any visitor! There are also special feeding sessions of the penguins, sea otters and walruses. All feeding times are posted at the main entrance and plaza area of the Aquarium.

Animal Enrichments

These unique activities help the animals with the same variety of physical and psychological challenges and activities they would encounter in the wild. Some examples of these at the New York Aquarium are:

- Sea otters having fun with barrels and balls
- Sea lions and walruses learning new tricks
- Hiding food in containers for the octopus, who love the challenge

All Animal Enrichment times are posted at the main entrance and plaza area of the Aquarium.

Aquatheater Informal Training Demonstrations

This is one of the more popular events at the Aquarium, come see the incredible California sea lions entertain the whole family! Daily informal training session times are posted at the Aquatheater entrance.



Meet the Anim



Ayvek the Walrus

Hailing from Lawrence Island in the Bering Straight between Alaska and Siberia, Ayvek arrived to New York in 1994. When he arrived, Ayvek was only 150 pounds and could hang out in a small dog kennel. Today, he is an impressive 1,200 pounds! When he was just a baby though, he arrived with two other walruses, Uupa and Kuluisq, to join Nuka, a female that has been at the Aquarium for over 16 years.



nals!

Though Avyeq will get bigger, right now he is still way behind the full-grown Nuka who weighs in over 1,600 lbs!

All four of the walruses can be seen at the Sea Cliffs Exhibit. A great time to visit them is during feeding, their when they loudly for more call food, or during their Enrichment sessions, where they love to play games.

Willie the Sea Otter

Willie the sea otter has a unique story that represents some of the best work of the Wildlife Conservation Society and other protective programs.



He is a California sea otter, which were thought to be extinct in the 1900's. But in 1915, a small population, numbering only 32, was discovered at Point Sur. Today, there are almost 2,000 in the entire world.

Willie was almost lost, being found as a baby among sand kelp on the beach of Spanish Bay, near Pebble Beach in California. Willie was saved a team at the Monterey Bay Aquarium, but he struggled day-to-day to survive outside of the wild. But through diligent care, Willie pulled through and in 1994 he packed his bags and came to join the other animals at the Sea Cliffs Exhibit here in New York. Sea otters are very intelligent and Willie is no different, so make sure to drop by and see him. This is probably your only chance to ever actually see a California sea otter, which makes Willie even that more special.

Hours, Rates and More!

New York Aquarium is located on **Surf Avenue & West 8th Street in Brooklyn, NY 11224**

For further information please call **718-265-FISH**. **Open 365 Days a Year, 10 a.m. to 4:30-7p.m.**

Last ticket is sold 45 minutes before closing.

Closing time varies throughout the year, so call first!

Admissions

Adults: \$12; Child (2-12)*: \$8; Seniors (65 +): \$8 *Children under 2 are free!

Parking: \$10

Visit them online at www.nyaquarium.com

Special Events!

Earth Day—Seas the Day!

April 21-22

Join us to honor our Earth Day marine animal ambassadors, learn what you can do to protect our planet's ocean inhabitants and participate in special activities.

Mother's Day Weekend

May 12-13

Bring your mom to meet ocean moms! Learn about the different ways marine mothers care for their young, from sharks, whose pups are independent from their first moments in the water, to sea otters, which carry their young on the furry beds of their stomachs.

Aquatic Asia

May 19-20

Learn about different types of sea jellies found off the coasts of Asia. Discover dragon fish, sea turtles, sharks, archerfish and several varieties of seahorses. Enjoy Asian cultural arts performances, arts and crafts, and more.

The Aquarium Strikes Gold Celebrating 50 Years in Coney Island

June 9-10

Help us kick off a summer of fun! Stay tuned for details on this special weekend event.

Mermaids of the Deep

June 23-24

A fantastical weekend showcasing myths and legends of the high seas, featuring mermaids and giant octopuses, plus Nemo, Poseidon and Aquaman!

Sea Life Sock Hop/Grandparent's Day

September 8-9

The annual 50s-style sock hop features doo-wop music, arts and crafts, and storytelling. Make a gift for your grandparents to mark this special day.

Halloween at the A-scarium

October 20-21, 27-28 & 31

Dress up the family and join us for this safe, fun and educational Halloween tradition. Learn all about the monsters of the deep while you enjoy face arts and crafts, painting, games and prizes. Experience the thrill of our new "Haunted Pavilion" and our special 3D Halloween ride. Watch for details about after-hours festivities for adults.

The Zoos of New York

Though the Bronx Zoo is world famous, it's not the only zoo in New York City. There are also exceptional zoos full of diverse animals in Brooklyn, Queens and even Manhattan! If you are looking for a fun family time, then the zoos are the place for you!



Central Park Zoo

The Central Park Zoo is a favorite here at Empire State Magazine, being only a quick subway or cab ride away. Though the new zoo in Manhattan was opened in 1988, it dates back to the 1860s. Its history truly shows the work of the Wildlife Conservation Society's goal of moving animals from cages and menagerie-style exhibits to natural habitats that educate, involve and connect people to the natural world.

Since back in the 1800s, animals were kept in Central Park on 64th Street and Fifth Avenue, home of the zoo today. At first, the collection only consisted of 72 white swans and a single black bear, all donated. Then in 1864, the State Legislature authorized the first zoo in New York, the Central Park Menagerie. This style of zoo, which pre-dates the zoological garden efforts of our modern era, lasted until 1934 when then-Commissioner of Parks Robert Moses remolded the menagerie into the Central Park Zoo. Though it set the standard in animal exhibits for its time, by the 1980s it had become a woefully inadequate facility for its inhabitants.

In April of 1980, the wonderful people of the WCS came on board with the City of New York to renovate and operate the zoo for the Department of Parks and Recreation. They demolished most of the buildings and created the "newest/oldest" zoo in the city that attracts nearly 1 million visitors a year.

The Tisch Children's Zoo, added in 1997, lets you and your family meet gentle creatures up close and personal. There are also a wide range of biospheres represented, included tropic, temperate and polar regions. From a steamy rain forest to an Antarctic penguin habitat, here is a lot to see! Don't miss the polar bears, who are a crowd favorite. There are also year-round education classes and public programs, including the zoo's "Wildlife Theater."

As always, the WTC works with the American Zoo and Aquarium Association's Species Survival Program, and at the Central Park Zoo there are endangered species like rare tamarin monkeys, Wyoming toads, thick-billed parrots and even red pandas! So if you are visiting New York and can't make it to the Bronx Zoo, take the whole family to Central Park, where the zoo is just the beginning of your adventures there.

Central Park Zoo

Located in Central Park at 65th Street and Fifth Avenue

The Central Park Zoo is open 365 days a year!
Open 10 a.m. - 4:30 to 7 p.m.
Closing time varies, so call

before hand! **Tel:** 212-439-6500

Web: www.centralparkzoo.com

Admissions:

Adults: \$8; Children (3-12): \$3; Seniors (65+): \$4 Children under 3 years are always free! Last ticket sold 30 minutes prior to closing.

By Subway

N or R train to Fifth Avenue stop, walk north 4 blocks to 64th Street. Lexington Avenue #6 train to 68th Street/Hunter College Station, walk west 3 blocks to Fifth Avenue, then 4 blocks south.

Special events!

Migration Sensation

May 5-6

Come learn about our finefeathered friends and the amazing journeys that migratory birds make each year to reach their spring nesting grounds.

Chill Out!

August 4–5 Chill out with the city's coolest residents—polar bears, penguins and puffins. Special activities include music, games and crafts to help visitors beat the heat.



Prospect Park Zoo

Opened on October 5, 1993, Prospect Park Zoo became the fifth facility in the Wildlife Conservation Society's astounding network of parks in New York City. As with the original Central Park Zoo, the Brooklyn Zoo has a long history and also started off as a menagerie in the late 1800s. These animals became the foundation for the collection of animals in the Prospect Park Zoo that reopened to the public at Flatbush Avenue on July 3, 1935. Parts of a Works Progress Administration project in the Great depression, then-Commissioner Robert Moses also lead the charge to update its image.

But as the times changed, so did the zoo when the WCS agreed to step in the 1980s. Though some of the architectural aspects of the old zoo were kept, the habitats for the animals went through a drastic overhaul and were transformed into more naturalistic settings. There are three major exhibit areas at the Prospect Park Zoo: The World of Animals, Animal Lifestyles and Animals in Our Lives. Each are designed specifically to engage children in the wonder of our world's great wild areas.

In the World of Animals, children can meet prairie dogs nose-to-nose and walk among the wallabies. A crowd-favorite is the Animal Lifestyles building, which houses a rambunctious troop of hamadryas baboons. And to get the kids really involved, Animals in Our Lives exhibits encourage children to draw wildlife and interact with friendly, mother-approved species in a fun barnyard. As with all of WTC parks, there are year-round classes and programs to get you and your family closer to our fellow animals.

Prospect Park Zoo

Located on **450 Flatbush Avenue** in Brooklyn, New York 11225
The Prospect Park Zoo is open

365 days a year! Open 10 a.m. - 4:30 to 7 p.m.

Closing time varies, so call before hand!

Tel: 212-439-6500
Web: www.centralparkzoo.com

Admissions:

Adults: \$6; Children (3-12): \$2; Seniors (65+): \$2.25 Children under 3 years are always free!

Last ticket sold 30 minutes prior to closing.

By Subway

Q train or Q express train to Prospect Park Station; take Flatbush Ave./Ocean Ave. exit; walk north on Flatbush Ave. to Zoo.

Special event! Fleece Festival

April 28-29

Visit for a day full of fleece, fur and fun! Watch our sheep and alpacas get their annual haircuts and meet local artists who will be demonstrating weaving, knitting and spinning techniques.

Queens Zoo

The least known of the zoos in New York City, the Queens Zoo is a tribute to American animals. Originally opened as Flushing Meadows Zoo, it opened on the grounds of the 1964 World's Fair in 1968. But as with the Central Park and Prospect Park Zoos, the WTCs came in to radically update the zoo and facilities for the modern era. Reopened to the public on June 25, 1992, this quiet zoo has the feel of a natural park.

The entire zoo perimeter is a pathway that leads visitors to pockets of wild habitats, from the Great Plains to the rocky California coast to the woods of the Northeast. Some of America's great animals call this home: American bison, mountain lions, California sea lions, American bald eagles and Roosevelt elk. There are also spectacled bears, an endangered species from the Andes Mountains in South America.

One of the special aspects of the zoo is its aviary. It is a geodesic dome originally designed by Buckminster Fuller for the 1964 World's Fair in Queens. And the zoo is also home to the famous "Otis," a coyote rescued from Manhattan's Central Park in 1999. So don't miss out on all the animals and structures at this lesser-known zoo.

Queens Zoo

Located at 53-51 111th St. in Flushing Meadows Corona Park, Queens, New York

The Queens Zoo is open 365 days a year!

Open 10 a.m. - 4:30 to 7 p.m. Closing time varies, so call before hand!

Tel: 718-271-1500

Web: www.centralparkzoo.com

Admissions:

Adults: \$6; Children (3-12): \$2; Seniors (65+): \$2.25 Children under 3 years are always free! Last ticket sold 30 minutes prior

Last ticket sold 30 minutes prior to closing.

By Subway

#7 train to 111th Street. Walk south to Park. Bear right through Hall of Science parking lot to Queens Zoo.







Products and services that go beyond the basics

Whether you're just getting started or thinking of expanding your business, FedEx Kinko's Office and Print Centers now have an even wider variety of products and services that make business run better at a price you can afford. By going beyond the basics with FedEx Kinko's, you may find your business growing in flexibility, mobility, and profitability faster than ever before. Whatever your business needs, FedEx Kinko's can help.

THE BASICS

Make your professional documents have greater impact with:

Self-serve and full-service color and black & white copying (standard or oversize). Self-serve and full-service color and black & white digital printing (photos, artwork, logos).

Document finishing services (mounting, laminating, collating, cutting, drilling, folding, padding, stapling).

Binding (coil, velo, tape, and comb).

Paper choices (card stock, recycled, resume, specialty).

Digital Photos starting as low as \$0.39

Signs and Graphics (full color digital output, indoor and outdoor banners, automotive magnets)

Document Creation Services (Business cards, letterhead, business stationary, labels)

HOW EFFICIENT CAN YOUR BUSINESS BECOME?

Now that you've seen all the exciting possibilities available to you from FedEx Kinko's, contact your local Senior Customer Consultant. We're here to help you find the right combination of products and services to keep your business running smoothly and to find out which solution is right for your business.

To learn more about products and and services, contact (212) 279-3556, go to fedexkinkos.com or call 1.800.GoFedEx.

Get 50% off your first order when you open a new Commercial Account at FedEx Kinko's Office and Print Center.



Store #1086 350 Fifth Ave. Ground Floor New York, NY 10118







136 West 31st. Street, New York, N.Y. 10001 Tel: 1 212 695-6111 Fax: 1 212 695-6336 www.ilcampanelloristorante.com

- Just half a block from Madison Square Garden
- Argentinean Grilled Steaks
- Fresh homemade pastas and sauces
- Large selection of domestic and imported wines
- Cocktail bar and tapas menu
- Great food, Romantic ambiance
- Mezzanine available for groups, parties and meetings
- Corporate accounts welcomed
- Free local delivery
- All major credit cards accepted
- Gift certificates available
- Catering available
- Open Monday- Friday for Lunch and Dinner, Saturday and Sunday dinner only

IL CAMPANELLO
Every 1st Saturday
9:00pm - 2:00am
Millenium Hustle
Presents every 1st Saturday
of the month.
Guest DJ's playing classic,
new hustle, salsa and WCS



<u>La Boca</u> Every Tuesday Lessons: 7:30pm - 9:30pm Milonga: 9:30 - 12.30am

Recreation in New York City

When visiting New York City, recreation is a must! Luckily for visitors and residents alike, the New York City Department of Parks & Recreation offers a wide variety of options to get outdoors and get some exercise. If you plan on visiting New York, please check their website at www.nycgovparks.org for the most up to date information and events.

Featured Recreation Center:

Chelsea Piers

W 23rd Street and the Hudson River

New York, NY 10011 Phone: 212-336-6666

Email: info@chelseapiers.com Web: www.chelseapiers.com

This 30-acre "sports village," built on four Hudson River piers, is "Manhattan's premier destination for family fun and fitness." A variety of athletic and other participatory activities is available.



More Recreation Centers:

New York Alfred E Smith Rec

80 Catherine Street New York, NY 10038 Phone: 212-285-0300 Web: www.nycgovparks.org

Hamilton Fish Recreation Center

128 Pitt Street New York, NY 10002 Phone: 212-387-7688

Web: www.nycgovparks.org

FOR MEN Le Cachet Sp

Full Service Holistic Day Spa and Salon





CNV & MIV

59 West Recreation Center

533 W 59th Street New York, NY 10019 Phone: 212-397-3159 Web: www.nycgovparks.org

Dead Sea mud)

Claremont Horse Riding Academy

Lessons/Indoor & Outdoor Riding 175 W 89th Street New York, NY 10024

Phone: 212-724-5100 Web: www.potomachorse.com

Theater in New York City

Coming to New York and not seeing a Broadway show is like going to Miami and not seeing the beach. Since shows and times are subject to change, Empire State Magazine has decided to list various theaters we enjoy seeing performances at. If you are looking for the complete Broadway Experience, then we highly suggest:

Broadway.com

Complete Listings by phone:

800-BROADWAY

Web: www.broadway.com

They also offer complete hotel and dining packages, making for a perfect night out after a long day of sight seeing or shopping. Some of our favorite Broadway Theaters in New York City:

Al Hirschfeld Theatre

302 West 45th Street New York, NY 10036 212-239-6200

The Ambassador Theatre

219 West 49th Street New York, NY 10019

Daryl Roth Theatre

101 E 15th Street New York, NY 10003 212-375-1110

Players Theater

115 MacDougal Street New York, NY 10012 212-475-1449

Second Stage Theater

307 W 43rd Street New York, NY 10036 212-787-8302

Upright Citizen's Brigade Theater

163 W 23rd Street New York, NY 10011 212-366-9176

Urban Stages Theater

259 W 30th Street New York, NY 10001 212-695-5131

Zipper Theater

336 W 37th Street New York, NY 10018 212-563-0480

Atrractions in New York City

Statue of Liberty National Monument

Liberty Island New York, NY 10004 Tel: 866-STATUE4 Web: www.nps.gov/stli

Empire State Building

350 Fifth Avenue between 33rd and 34th Streets New York, NY 10118 Web: www.esbnyc.com

Flatiron Building

Broadway & 5th Avenue New York, New York 10010

Pennsylvania Station

Eighth Ave between 31st Street & 33rd Street, New York, NY 10001

Tel: 212-760-0856

Woolworth Building

233 Broadway Park Place and Barclay Street New York City, NY 10279

U.S. Custom House

28 Wall Street New York, NY 10001 Tel: 212-514-3700

U. N. Plaza

1 & 2 UN Plaza New York, NY 10017 Tel: 212-355-4073 Web: www.un.org

Federal Hall National Memorial

26 Wall Street New York, NY 10005 Tel: 212-825-6888 Web: www.nps.gov/feha/

Chrysler Building

42nd Street and Lexington Avenue New York, NY 10174

Rockefeller Center

5th Avenue to 7th Avenue between 47th Street and 51st at Avenue of the Americas New York, NY 10111 Web: www.rockefellercenter.com

Circle Line Sightseeing Boats

83 N River Piers New York, NY 10036 Tel: 212-563-3200

Web: www.circleline42.com

New York Stock Exchange

11 Wall Street New York, NY 10005 Tel: 212-656.3000 Web: www.nyse.com

Business Travelers' Guide to New York City

As a business traveler, you work hard so you should play hard as well. Coming to New York City to make the big deal can make or break a career, so after you get the dotted line signed, check out these finer locales in the Big Apple. From fine dining to a posh hotel, Empire State has you covered.

Unique Lodging

Hotel Plaza Athenee

37 E 64th Street (Upper East Side)

New York, NY 10021 **Tel:** 212-734-9100

Web: www.plaza-athenee.com

Set on a quiet, tree-lined street, this is the perfect refuge for the New York City business traveler. The intimate European-style hotel is within walking distance to Central Park, boutiques, museums, art galleries, New York's finest department stores and business areas. The Hotel Plaza Athenee is known for its posh, personalized service and superior business services.

Make sure to dine at Arabelle, a beautiful restaurant serving Chef Arvin Dhansew's modern French cuisine. Located in a stunning dining room, Arabelle has been voted a 25 score for food, 26 score for décor and 27 score for service by Zagat Restaurant Guide in 2006. And for a drink after closing that big deal, Bar Seine combines the feeling of an upscale lounge with the intimacy of a private home.









AN AFFORDABLE PLACE IN MANHATTAN FOR SMALL MEETINGS

The Regency Inn & Suites not only has sleeping rooms that offer the best in comfort and hospitality for every type of traveler, it also has a small meeting space designed to fit any event budget.

Proximity to Penn Station, subway stations, major attractions, shopping stores and key business facilities make our hotel the perfect place to host small meetings and/or training sessions. Besides, when booking an event at the Regency Inn & Suites, all attendees get discounted rates for sleeping rooms. Deluxe continental breakfast is complimentary every morning from 7am to 10am.

Take advantage of our location, affordability and expertise and contact our Sales Department to assist you with your event. Call us at 212-594-4732 / 866-864-3629 or visit us on the web at www.regencyinnandsuitesny.com

215 West 34th St NY NY 10001 * info@regencyhospitality.com

Citizen Service Center

311

(lines open 24/7)
—New York City's official nonemergency help line, available in 171 languages for questions (parade hours and routes, parking restrictions, transport problems) and complaints (litter, noise pollution, access)

Fine Dining

Hakubai Restaurant

Located at The Kitano New York 66 Park Avenue New York, NY 10016

Tel: 212-885-7000 **Tel:** 800-548-2666 **Web:** www.kitano.com

If you are looking for a unique dining experience, look no further than Hakubai Restaurant located in Kitano Hotel. Hakubai serves traditional Japanese favorites at lunch, but during dinner hours serves the distinctive Kaiseki cuisine noted for exquisite presentation as well as its delicate taste.

An authentic Kaiseki dinner starts with an appetizer of minced young fish and vegetables, followed by a light soup. Next up is a lacquer box containing superb sashimi, or when in season, the rare treat of fugu (blowfish), considered one of Japan's greatest delicacies. This is followed by

the chef's choice of either a boiled or simmered dish, usually vegetables and the freshest fish. A fried dish will come next, with Hakubai's astounding Teriyaki steak or pork or fresh fish. If you can believe it, two more courses are coming: a vinegar dish of clams dressed in miso followed by a course of rice and pickles. Fruit or a light dessert finally arrives to complete this memorable meal.





Prices for a full Kaiseki dinner can range from \$85 to \$150 per person. A la Carte menu is also available. So if you are looking for a once-in-a-lifetime dining experience, definitely check out this critical acclaimed restaurant.

Dylan Prime

62 Laight Street 10013 New York, NY **Tel:** 212-334-4783

Web: www.dylanprime.com Email: info@dylanprime.com



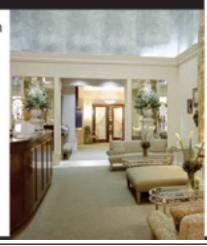
Located in Tribeca, this steakhouse is located near the heart of the New York finical district. Know most for its cheese fondue, which is made with select farmhouse cheeses. Their signature drinks are also worth a visit, and the key lime martini is highly suggested. Their filet mignon and New York Strip steaks are top-notch, and their Porterhouse cut comes in at nice 32 ounces. Another favorite from the Chef's Compositions menu is the Carpetbagger Steak, which is filet mignon stuffed with Blue Point Oysters.

They also have a very extensive wine list, with a selections of reds to satisfy even the most picky connoisseur. Complete with a savvy lounge you would expect in Tribeca, Dylan Prime is definitely a New York steakhouse not to be overlooked.



Ambiance of a small European hotel

- In the heart of Midtown Manhattan between 5th & 6th Avenues
- 1/2 block from Macy's Herald Sq, Empire State Building; 4 blocks from Madison Sq. & Penn Station
- Free deluxe continental breakfast
- · Free high-speed Internet access
- · Kids stay free, 18 & younger
- Awarded the prestigious Choice Hotels Gold Award for 6 consecutive years





BY CHOICE HOTELS

Comfort Inn Manhattan Murray Hill

42 West 35th Street New York, NY 10001 212-947-0200

Mention this advert and get a 10% discount 1-888-881-4391

www.comfortinnmanhattan.com

Pride Day Parades and Festivals in New York City!

One of the things that makes the Big Apple great is the diverse cultures that come together to call themselves New Yorkers. Here is a list of some of the parades and festivals that happen through out the year.

January

Three Kings Day Parade

When: January 6th Where: 3rd Avenue from 106th to 116th Streets

More info: 212-831-7272

Martin Luther King Jr. Day

When: Third Monday in January Where: Fifth Avenue from 61st to 86th St.

Chinese New Year Parade

When: First full moon after January 21 and before February 19 Where: Around Mott Street in Chinatown.

More info: 212-431-9740 or 212-

941-0920

Lunar Year Parade

When: Like the Chinese New Year, this parade falls on the first full moon after January 21 and before February 19 Where: Main Street and 37th Avenue to Roosevelt Avenue

February

Presidents Day Parade

When: Third Monday in February Where: 5th Avenue from 35th to 50th Streets



March

St Patrick's Day Parade

When: Tuesday, March 17, 11am Where: Up 5th Avenue from 44th to 86th Streets

Phagwah (Indo-Caribbean) Parade

When: Mid or late March Where: Liberty Avenue in Queens

The Greek Independence Day Parade

When: April 15th

Where: 5th Avenue to 59th to 79th

Street

More Info: 718-204-6500

Easter Promenade

When: Easter Sunday at 11am Where: 5th Avenue from 44th to 57th Streets

April

April Fool's Parade

When: April 1st Where: Fifth Avenue from 59th Street to Washington Square Park

Scottish Bagpipers & Drummers Parade

When: First Weekend of April Where: 6th Avenue north from 44th to 58th Streets

Sikh Cultural Society Parade & Festival

When: Late April Where: Broadway from 41st Street to 27th Street | 27th Street from Broadway to Madison Avenue | Madison Avenue from 27th Street to 23rd Street

May

Memorial Day Parades:

When: last Monday of May

John F. Prince Post 6478 Veteran's Memorial Day Parade

When: Memorial Day, 9:45 a.m. Where: Queens at 90th Avenue and Cross Island Parkway-North to Winchester Boulevard - South to 93 Avenue - West to Springfield Boulevard - South to Jamaica Avenue to Vets Plaza

Whitestone Veterans' Memorial Day Parade

When: Memorial Day at Noon Where: Queens at 149th Street and 15th Drive

US Veterans' Organization Memorial Day Parade

When: Memorial Day at 11:30

a.m.

Where: Staten Island at Forest Avenue & Hart Boulevard to

Forest Avenue

Bronx Latinos Unidos Parade

When: First Saturday in May Where: Grand Concourse from Mt Eden to 161st Street in the Bronx

Turkish-American Parade

When: Usually Saturday closest to middle of May

Where: 56th Street from Madison to 2nd Avenue | 2nd Avenue to 47th Street

Haitian Flag Day Parade

When: Sunday, mid-May Where: Eastern Parkway from Utica Avenue to Grand Army Plaza

Norwegian-American 17th of May Parade

When: Sunday closest to May 17th Where: Brooklyn at 90th Street and 5th Avenue, north on 5th Avenue to 67th Street and 7th Avenue

Martin Luther King/ 369th Regiment Parade

When: Third Sunday in May, noon Where: 5th Avenue from 61st to

86th Streets

Salute to Israel Parade

When: Sunday, Late May Where: 5th Avenue from 61st to 79th Street

Haitian-American Day Parade

When: Last weekend of May Where: Nostrand Avenue from Empire Boulevard to Foster Avenue

Greater NY Good Neighbor Parade

When: End of May Where: Madison Avenue from 41st to 27th Street

June

Philippine Independence Day Parade & Festival

When: 1st Sunday in June Where: Madison Avenue from

39th to 26th Street

Queens Pride Parade

When: 1st Sunday in June Where: 37th Avenue from 89th to

75th Street

Brooklyn Pride Parade and Festival

When: Second weekend of June Where: 15th Street from Bartel-Pritchard Circle to 7th Avenue | 7th Avenue from 15th Street to Lincoln Place

More info: 718-928-3320

Hare Krishna (Hindu) Parade

When: Usually 2nd Saturday in June Where: 5th Avenue from 57th Street to Washington Square Park

The Puerto Rican Day Parade

When: 2nd Sunday in June Where: 5th Avenue from 44th Street to 86th Street

Empire State Magazine: Pride Parades

June

Children's Evangelical Parade

When: June 19th Where: 3rd Avenue from 96th Street to 116th Street

Bronx Week Parade

When: Last Saturday in June Where: Moshulu Parkway

Mermaid Parade

When: June 23th Where: Coney Island Boardwalk in Brooklyn More info: 718-372-5159 Web: www.coneyisland.com

Heritage of Pride Parade

(formerly Gay Pride Parade) When: Last Sunday in June Where: 5th Avenue from 52nd Street to 8th Street | 8th Street to Christopher Street | Christopher Street to 7th Avenue South

July

4th of July Parade

Travis Fourth of July Parade Where: Staten Island: Victory Blvd to Glen Street-Cannon Avenue, Victory Boulevard More Info: 212-494-4495

Great 4th of July Festival

Where: Water Street between Fulton & Broad Streets

Chinatown Independence Day Festival

When: July 3rd Where: Columbus Park and all through Chinatown (Canal, Mott, Bayard and Pell Streets, plus the Bowery).

Festival de Gran Parada Dominicana del Bronx

When: Runs one week in mid-July Where: Clay Avenue between 173rd Street & Claremont Parkway.

August

Dragon Boat Festival

When: 1st Weekend of August Where: Meadow Lake, Flushing Meadows-Corona Park More Info: 718-767-1776 Web: hkdbf-nyc.org

Bronx & Brooklyn Puerto Rican Day Parade

When: Bronx: First Weekend of August

Brooklyn: Third Weekend of

August

Where: Bronx: Grand Concourse from East Tremont Avenue to

Bedford Park

Brooklyn: Graham Avenue from Broadway to Grand Street & Lindsay Park

More Info: 718-401-0404

India Independence Day Parade

When: Third Weekend of August Where: 40th and 41st Street between Fifth and Park Avenue | South on Madison Avenue to 27th Street

Dominican Day Parade

When: Sunday, August 12th Where: 6th Avenue between 39th and 58th Streets More Info: 212-243-1177

Pakistan Independence Day Parade & Fair

When: August 16th Where: Madison Avenue from 41st to 26th Streets



September

Labor Day Parade

When: Labor Day on September

Where: 5th Avenue from 44th to

72nd Street

West Indian American Day Carnival Parade (Brooklyn Carnival)

When: First Monday on September 3rd

Where: Eastern Parkway in

Brooklyn

More info: 718-467-1797 or call the Caribbean American Center of

New York: 718-625-1515

Brazil Independence Day Festival

When: September 7th Where: Avenue of the Americas from 42nd to 56th Streets

Feast of San Gennaro

When: September 13-23 Where: Mulberry Street between Canal & Houston Streets. More info: 212-226-6427 Web: www.sangennaro.org

The Steuben (German-American) Day Parade

When: September 15, Noon Where: On 5th Street from 63rd to

86th Streets

Web: www.germanparadenyc.org

Mexican Day Parade

When: September 17, Noon Where: Madison Avenue between 41st & 23rd Streets

African-American Day Parade

When: Late September Where: Adam Clayton Powell Blvd between 111th to 142nd Street & Fifth Avenue

Nigeria'a Independence Day Parade

When: September 30th Where: 54th Street/Second Avenue and terminates at the Nigeria House, 44th Street/2nd Avenue

October

Columbus Day Parade and Festival

When: October 8th

Where: Fifth Avenue from 44th to

79th Streets

More Info: 212-249-9923

Pulaski (Polish) Day Parade

When: First Sunday in October at

11 a.m.

Where: 5th Avenue between 26th Street north to 52nd Street More Info: (877) 4-PULASKI.

Korean Harvest Day Parade

When: First Saturday in October at 2-4 p.m.

Where: South on Broadway between 41st Street and 23rd

Street

More info: 212-255-6969

The Village Halloween Parade

When: October 31. Usually begins

around 6-7pm.

Where: The parade begins 6th avenue and Houston street and proceeds north to 14th or 23rd Street

November

Macy's Thanksgiving Day Parade

When: Thanksgiving Day at 9

a.m. to Noon

Where: The parade 2.5 mile route begins on Central Park West at 77th street and travels downtown to 59th street at Columbus Circle then down Broadway to Macy's. More Info: 212-494-4495

Veteran's Day Parade

When: November 11th Where: Fifth Avenue from 23rd Street to 54th Street

More Info: 212-693-1476

Toys R Us Holiday Parade

When: Second Weekend in November

Where: Broadway from 56th to

44th Streets

More info: ToyRUs.com



All times, dates and locations are subject to change without notice, so please contact the festival or parade before attending!







The Vincci Avalon is distinguished by its quality service, central location and its upgraded facilities. The Vincci Avalon provides its hotel guests with sophisticated, exclusive services that make each visit a unique and singular experience. The Vincci Avalon, a unique European-style boutique hotel in Manhattan is situated just minutes away from Penn Station, Madison Square Garden, Empire State building, Herald Square shopping, and in the heart of Manhattan.

Come join us at Merlin Lounge for Dinner and Drinks







Plan Your Next Visit to New York City at:

www.theavalonny.com

VINCCI AVALON

16 East 32nd Street, New York, NY 10016

Telephone: 212 299-7000 - Facsimile: 212 299-7001 - Toll free reservations: 1-888-HI AVALON

www.theavalonny.com - Email: avalon@vinccihotels.com

FREE CAREER WORKSHOPS

A+ Workshop • AutoCAD
Workshop • Check Point
Workshop • How to Get Started in
Web Design • Java Workshop •
Linux versus Unix • Microsoft Excel
Workshop • Photoshop Workshop •
Wireless Networking Workshop

NetCom Information Technology Empire State Building 350 Fifth Avenue, Suite 717 New York, NY

1-866-629-7265

Call for More Details!

Seating is limited to first-come first-serve basis. Reserve a seat in the seminar or workshop of your choice today. For more info, visit http://www.netcominfo.com/workshops/ and for more of our free events call 1-866-629-7265.

Linux Certified Professionals Are Hard To Find!

I think we'll be the No.

I Linux company...

Despite what they say,
Linux is Unix and Sun
is the biggest and best
Unix company.

Scott McNeoly, CEO, Sun

- I think you have to rate competitors that threaten your core higher than you rate competitors where you're trying to take from them . . . "It puts the Linux phenomenon and the Unix phenomenon at the top of the list. I'd put the Linux phenomenon really as threat No. I."
- Fastest growing operating system
- Global adoption
- Enabled for multiple platform environments
- Key enabler for e-business

Linux+ Certification / CompTIA · · · LPI Certification / Linux Professional Institute

NetCom Information Technology * www.netcominfo.com * 1-888-563-8266

Secure Your Future with Check Point Training

- IDC predicted that the worldwide market for information security services would increase from \$5.5 billion to \$17.2 billion by 2004.
- SANS Institute's projections estimated that less than one in 20 security professionals has the core competence.
- According to SANS Institute were about 50,000 IT security positions that went unfilled last year.

NetCom Information Technology is a Check Point Authorized Training Provider

For information on courses, call 1-888-563-8266

Microsoft, Prosoft, Novell, CompTIA Certified Train the Trainer Center

This course is recommended by:

Microsoft towards their MCT and MOS-MI, CompTIA for their CTT+, Novell towards their CNT and Prosoft for their CIW-AI credential. Oracle, Novell, Cisco and many other vendors accept the CompTIA CTT+.

Make \$200-\$500/day as a Part Time Technical Trainer
NetCom Information Technology www.netcominfo.com 1-866-629-7265

WIRELESS NETWORKING

The Next Big Thing . According to IDC, The

CWNA Wireless LAN Administration CWSP Wireless LAN Security

Only 10 seats per class - waiting list if classes full



Call Today for a Free brochure 1-866-629-7265 www.netcominfo.com According to IDC, The Wireless Internet subscribers will increase 73 percent, from some 5 million users in 2000 to more than 84 million in 2005.

 IDC predicts between 2003-2004, useful end-user equipment for the wireless internet will be available on a greater level.

Increase Productivity, Work More Efficiently



Studies have shown employees are only utilizing 20%-30% of application features.

Train your employees to fully utilize the applications they are using

Master Word, Excel, PowerPoint, Outlook, Quickbooks and more

One day classes for \$99*

Public and private classes available 1-888-563-8266 info@netcominfo.com

MANHATTAN CAMPUS Empire State Building 350 Filth Ave, Ste 717 New York, NY 10118

Clair for first time claims for a stock one day applicative class



www.netcominfo.co

Training Opportunities for the Unemployed

Update your skills with government funding.

We Can Help...

Licensed by the NY State Department of Education and a WIA Eligible Training Provider

For information on courses, call NetCom Information Technology

1-888-563-8266

T BOOTCAMPS FOR EXPERTS

Accelerated training and certification programs for IT Professionals

Program Durations

- A+/Network+:
 7 days
- CCNA: 5 days
- MCSE: 14 days
- MCSD: 14 days
- CWNA: 5 days
- CWNA and CWSP: 7 days
- CCSA and CCSE:
 Z days
- Certified Ethical Hacker: 5 days
- CTT+/MCT:
 3 days
- OCA Developer Trock: 5 days
- Features
- Authorized/Custom Courseware
- Meals
- Exam Vouchers
- Testing At Site
- Test Prep Vouchers
- Certification GUARANTEE or FREE REPEAT
- GROUP DISCOUNTS

For more information and to sign up, call 212-629-7265 or visit http://www.netcominfo.com/bootcamps/.





The ultimate traveling companion.

MetroCard can take you to all the famous places in the entire city. And, with an Unlimited Ride Card, you can hop on and off New York City Transit subways and local buses as many times as you like, all day long. It's the fastest, least expensive way to see it all.

You can choose from several Unlimited Ride MetroCards, including our 1-Day Fun Pass

and our 7-Day Unlimited Ride MetroCard.

You can buy MetroCard at many hotels, the New York Convention & Visitors Bureau (810 7th Avenue at 53rd Street), the New York Transit Museum in Brooklyn Heights, and at the Museum's Gallery & Store at Grand Central Terminal. You can also buy it at subway station vending machines with your debit or credit card, or cash.

For more information, call 800-METROCARD (800-638-7622); in NYC, call 212-METROCARD.



www.mta.info

George E. Pataki Governor, State of New York Peter S. Kalikow Chairman, MTA

FUN IN NYC FOR KIDS!



Do you and your family live in New York? Do you love Fishing and would like to see your children involved in this fun family past time? Then I Fish NY is perfect for you. I Fish NY, an outreach program for New York City and Long Island residents, is set up so you and your children can learn about fresh and saltwater Fishing. They offer classroom instruction, teacher training and exciting public Fishing events!

I Fish NY programs are open to all schools and community groups in the five boroughs, as well as in Western Suffolk and Nassau Counties on Long Island. Any interested parents should contact their schools to get this informative classroom experience for their kids where students receive instruction on Fish biology and aquatic ecology. From Fish anatomy to Fisheries management, they will gain a better understanding of the lives Fish around New York City. And classroom visits are accompanies by a Fishing trip a later date! That's right! I Fish NY will take the students to the closest body of water, with Fish of course, to the school. I Fish NY provides the rod, tackle and even the bait.

But their education programs are not limited to schools; any organized group, such as after school groups, summer camps and adult community groups, can contact I Fish NY for Fishing clinics and more.

And best part is, this is all free!

If you want to check out I Fish NY, then their public events are a great place to start. These events are open to the public, and everyone is invited. Here are some of the exciting things they have planned this summer:

3rd Annual Fish Parade/Hunts Point Riverside Park Saturday, June 2nd

Fishing: Noon-2 p.m., Parade: 3-5 p.m.

This parade celebrates the Fulton Fish Market's move to Hunts Point. The fish living in the surrounding rivers have been around even longer, and you can try catching one with I Fish NY.

Free Fishing Weekend with Bayside Anglers at Kissena Park

Saturday, June 23rd

11 a.m.-1 p.m.

This weekend, fishing license requirements (normally required for freshwater fishing for anglers 16 and older) are being waived.

T.G.I.T. After Work Fishing/Gantry Plaza Thursday, July 12th

6 p.m.-8 p.m.

Enjoy the long summer nights and the breeze off the East River while connecting to your inner child and your real children. Grab a pole and see why fishing isn't just for kids, but is even better with your kids!



To Get Involved Contact:

Melissa K. Cohen or Nim Lee I FISH NY

Phone:

718-482-4940

Fax:

718-482-4502

Email:

mkcohen@ gw.dec.state.ny.us CL432@cornell.edu

Find out more at: www. ifishnewyork. org

Overnight Camping and Fishing with NYRP at Swindler's Cove

Friday, July 13th

5 p.m.-8 p.m.

Fish at Swindler's Cove, then paddle to a nearby campsite. You'll feel like you've been transported to upstate New York.

Morning Walk with NYRP at Roberto Clemente Park

Saturday, August 11th

9 a.m.- 12 p.m.

Explore New York City's natural resources, both aquatic and land. Go fishing then go for a walk led by NYRP naturalists.

Contact the Dana Discovery Center: 212-860-1370

Charles A. Dana Discovery Center at Central Park

Located in the family friendly Central Park, the Charles A. Dana Discovery Center provides education and activities for children of all ages. Located on the northern shore of the Harlem Meer (see page 20 for more information on Fishing here), the Dana Center is Central Park's newest building. Opened to the public in 1993, it offers a wide range of the Central Park Conservancy's free education and community programs, seasonal exhibits and holiday celebrations.

Be sure to check out the Great Hall, where diverse

exhibits and musical performances change with the seasons. One event is on Earth Day, Sunday, April 22, where you and your family can craft paper beads into your own pieces of recycled jewelry! The Dana Center is also the upper Central Park's visitor center, so if you plan to explore the rest of the world-famous attraction this is a great place to start.

One of the favorite family and community activities is the catch-and-release Fishing at the Harleem Meer. The Dana Center will provide you with poles, safer unbarbed hooks and even educational instruction booklets. A perfect day to take the family out on this fun time is Labor Day, when there is a Fishing jamboree!

The Catch-and-Release Fishing is open April 15 till October 15, Tuesday through Sunday. Their hours are 10 a.m. to 4 p.m. Come early as the poles and fishing equipment are first come first serve. Last poles are

handed out at 3 p.m., except Sundays, when last poles are handed out at 2 p.m.

For more information, visit their website at: www.centralparknyc.org/virtualpark/northend/danacenter.

The Charles A. Dana Discovery Center is inside the Park at Central Park North (110th Street) between Fifth Avenue and Malcolm X Boulevard (Lenox Avenue).



For more information about the Macy's Fishing Contest call: 718-965-8999

Or visit their website at: www. prospectpark. org

60th Annual Macy's Fishing Contest July 18-22, 2007, 10 a.m. - 4 p.m. Audubon Center, Prospect Park

Since 1947 families in New York City have been coming to the annual R.H. Macy's Fishing contest. A rite of passage for Brooklyn kids over the generations, this is a perfect way to introduce your children to fishing. The contest runs for a week every July and is held on Prospect Lake at the Prospect Park Audubon Center at the Boathouse.

The R.H. Macy's Fishing contest is open to all kids 15 years and under. Fishing equipment is provided free to the public, but you can bring your own. All fishing during the contest is catch-and-release, which ensures the festival will last till your children's children.

The event kicks off with a "Kiss the Fish" Ceremony, where an extra-large fish is named R.H. Macy, then tagged and released. The lucky kid who catches this fish wins a prize! Prizes are also awarded daily for the most fish and longest fish caught.



Also during this contest, kids can participate in free, fun and educational workshops including: Meet the Fish (learning about the different types of Fish in New York City); Life in the Lake (a exciting study of local aquatic ecology); and Let's Go Fishing (an educational workshop on how to Fish).

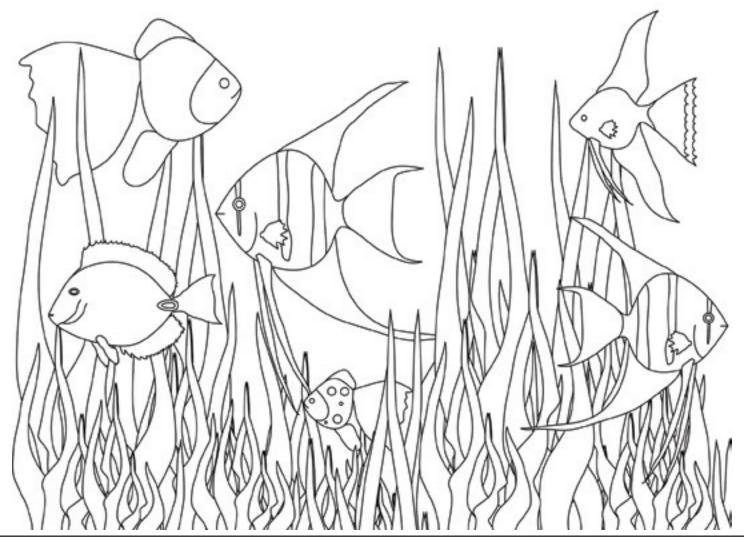
Directions:

The Audubon Center and Visitor Center at the Boathouse is located just inside the Lincoln Road/Ocean Ave. entrance to the Park.

By Subway:

Q, S or B trains to Prospect Park station. Exit at Lincoln Road and follow Lincoln Road to park entrance on Ocean Avenue. Walk along the roadway, cross the Drive and continue following the path downhill through the Cleft Ridge Span Bridge.





EMPIRE STATE EMPIRE STATE 215 West 34th Street (bet. 7th & 8th) Great Location New York, N.Y., 10001 HOTEL Regency Inn Great Value! Tel: 212.947.5050 PENNSYLVANIA & Suites Fax: 212.268.4829 401 Seventh Avenue (at 33rd St.) "Affordable Place in Manhattan New York, N.Y., 10001-3412 for Small Meetings" Tel: 212.736.5000 Fax: 212.502.8712 reservations@regencyinnandsuitesnyc.com Email: info@hotelpenn.com www.regencyinnandsuitesny.com

15th East 31st New York, NY, 10010 MANHATTAN COMFORT INN



BY CHOICE HOTELS

HAROLD SOLOMON GENERAL MANAGER

42 WEST 35TH ST. New York, NY 10001 PHONE 212,947,0200 Fax 212.594.3047

Exxit: harold.solomon@ihrco.com www.comfortinnmanhattan.com

212-290-9200

www.joeosrestaurant.com

Fax 212-239-1428



Hotel Stanford

43 West 32nd Street, NY, NY 10001

Tel: 212.563.1500 Fax: 212.629.0043

e · mail: stanfordny@aol.com

website: www. hotelstanford. com

Toll Free: 800.365.1114

JOG, LLC 136 West 33rd Street New York, NY 10001

36 West 33rd Street New York, NY 1000

Famous Curry & Kabab

Specialized in Bangladeshi, Indian & Pakistani Foods

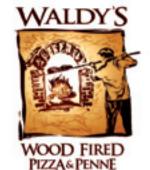
President Igbal Usman (IKE)

Magazine•

(Between 5th & Madison Ave.)

Call for Free Delivery 212 685-1114 212 685-7930





Tel: 212 724-2213 : Fax: 212 724-1359

136 WEST 31ST STREET, NEW YORK, NY 10001 TEL: 212.695.6111 • FAX: 212.695.6336 WWW.ILCAMPANELLORISTORANTE.COM

IL CAMPANELLC

Magazine*

Magazine*

EMPIRE STATE EMPIRE ST

Regency Inn & Suites

215 West 34th Street (bet. 7th & 8th) New York, N.Y., 10001 Tel: 212.947.5050 Fax: 212.268.4829

"Affordable Place in Manhattan for Small Meetings"

reservations@regencyinnandsuitesnyc.com www.regencyinnandsuitesny.com

MANHATTAN COMFORT INN



HAROLD SOLOMON GENERAL MANAGER

42 WEST 35TH ST. New York, NY 10001 PHONE 212.947.0200 Fax 212,594,3047

Exxit: harold.solomon@ihrco.com www.comfortinnmanhattan.com

YORK'S HOTEL PENNSYLVANI*a*

401 Seventh Avenue (at 33rd St.) New York, N.Y., 10001-3412

Tel: 212.736.5000 Fax: 212.502.8712

Email: info@hotelpenn.com

Great Location Great Value!

Hotel Stanford

43 West 32nd Street, NY, NY 10001 Tel: 212.563.1500 Fax: 212.629.0043 Toll Free: 800.365,1114

e-mail: stanfordny@aol.com website: www. hotelstanford. com

212-290-9200

www.joeosrestaurant.com

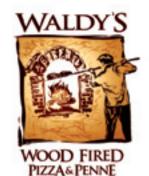
Fax 212-239-1428



JOG, LLC 136 West 33rd Street New York, NY 10001

36 West 33rd Street New York, NY 1000 T 212 629-9899

T 212.213.5042 12.213.5081



Famous Curry & Kabab

Specialized in Bangladeshi, Indian & Pakistani Foods

President Igbal Usman (IKE)

15th East 31st (Between 5th & Madison Ave.) New York, NY, 10010

Call for Free Delivery 212 685-1114 212 685-7930



Magazine•



Magazine*



136 WEST 31ST STREET, NEW YORK, NY 10001 TEL: 212.695.6111 • FAX: 212.695.6336 WWW.ILCAMPANELLORISTORANTE.COM

Magazine*

museumofsex* Vera's Spa The Most Stimulating Museum in New York 55.00 OFF 233 Fifth Avenue (at 27th Street) Shiatsu -Deep Tissue A Swedish Info: 212.689.6337 www.museumofsex.com Sunday-Friday: 11:00am-6:30pm 28 W. 48th St. 3rd Floor Saturday: 11:00am-8:00pm (212) 768-0088 *Can't be combined with other offers. Expires 12/01/07, Code: 547 credit cards • 7 days • 10am-10pm WWW.OKTOOTH.COM (212) 279-1232 1-888-OKTOOTH FAX (212) 594-8588 CHARLES M. MARKS, D.D.S. MASSAGE THERAPY ORIENTAL BODYWORK / SCRUB 165 W 47th St. Bet 6th & 7th Ave. EMPIRE STATE BUILDING **OFFICE HOURS** 350 5TH AVENUE, SUITE 1525 ine• 212.730.2112 BY APPOINTMENT NEW YORK, NY 10118 219 E 26th St ine" New York, NY 10010 140 West 72nd Street New York, NY 10023 Ph: 212-725-7957 Fax: 212-725-7934 ine. Tel 212,724,1309 Email: info@matrixcopy.com www.graphicscopy.com Fax 212.724.1359 Web: www.matrixcopy.com info@graphicscopy.com **Learn English** in New York CENTERS and Miami Beach Uniting the World Through Language" MANHATTAN



Empire State Building 350 Fifth Avenue, suite 717 New York, NY 10118

Phone:

E-mail: info@netcominto.com Website: www.netcominfo.com

Fed X Kinko's...

212.279.3556 1.800.GoFedEx Store #1086. 350 Fifth Avenue Ground Floor, Empire State Building New York, NY 10118

Products and services that go beyond the basics

Magazine*





IMPORTANT NUMBERS TO KEEP AT HAND:

Emergencies: 911

New York City Info: 311 Directory Info: 411

Magazine*

22 W. 34th St. New York, NY 10001

(212) 736-9000

www.zoni.com

Magazine*

:ine



Located in the Empire State Building Lobby

















EMPIRE STATE BUILDING LOBBY

Tear Me Out for these offers!

Present this coupon to receive these special offers from Finesse Jewelers

Coupon ID: 10118

The Technical Training Leader™



Your Decision ... Our Expertise

Call to register 888-563-8266 or visit us online www.netcominfo.com

NetCom Information Technology™ is within walking distance from NY's busiest and most central Subway and Bus lines.

Empire State Building NetCom Information Technology 350 Fifth Avenue, Suite 717 New York, NY 10118 888-563-8266

34 Street - Penn Station /8 Avenue:

MTA Subway Lines: 1, 2, 3, A, C, E, B, D, F, N, Q, R, V, W LIRR, NJ Transit AMTRAK

MTA Bus Lines: M4, M10, M16, M20, M34, Q32

33 Street / Park Avenue South:

MTA Subway Line:

MTA Bus Lines: M1, M16, M34, M98